

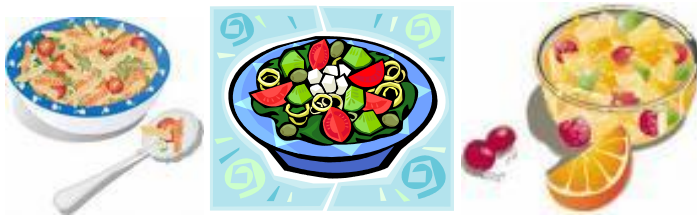
CONTENTS OF A WEEKLY BAG

5 Different Dinners

(A variety of beef, chicken, turkey, fish, and vegetarian)



3 Different Salads



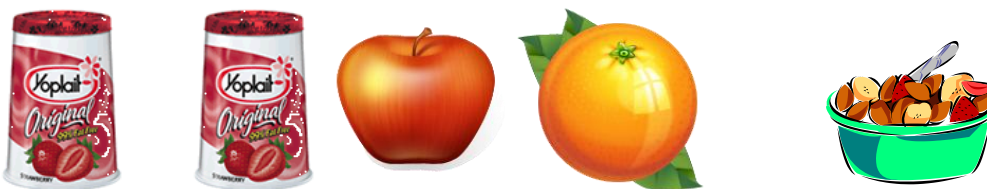
3 Different Soups



1 Quart of Milk



5 Snacks - 2 yogurts, 2 pieces of fruit, 1 small bag cereal (2 cups cereal)



5 Different Desserts

